S.14025/15/2024-EHS(8270534)/I/3862000/2026
Government of India
Ministry of Health & Family Welfare
(EHS Section)
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Kartavya Bhawan-1, New Delhi-110001
Dated:13-05-2026

OFFICE MEMORANDUM

Subject: Regarding option for Central Government employees to avail medical facilities either for their Parents or Parents-in-law under CGHS and CS(MA) Rules, 1944.

The undersigned is directed to refer to this Ministry's OM No. 4(1)-18/63-H dated 03.03.1987 and OM No. H.11020/2/2023-EHS dated 26.07.2023 (copy enclosed), vide which the facility to choose either parents or parents-in-law as dependent family members for the purpose of availing medical facilities under CGHS was made available to eligible Central Government employees.

2. Attention is also invited to this Ministry's OM No. S.14025/15/2024-EHS dated 28.03.2024 (copy enclosed) whereby the aforesaid facility was extended to beneficiaries covered under Central Services (Medical Attendance) Rules, 1944 [CS(MA) Rules, 1944], at par with CGHS beneficiaries.

3. In continuation of the above, it is hereby re-iterated that the aforesaid provisions shall be applicable to all eligible beneficiaries covered under CGHS as well as CS(MA) Rules, 1944, subject to fulfilment of prescribed dependency and other eligibility conditions under the respective rules/scheme.

4. It is further clarified that a male Government employee shall be eligible to exercise a **one-time option only** for choosing either his parents or parents-in-law as dependent family members for the purpose of availing medical facilities under CGHS/CS(MA) Rules, 1944.

5. Once such option has been exercised in favour of parents, the employee shall not subsequently be permitted to opt for parents-in-law as dependents at a later stage, including in cases arising due to demise of parents or otherwise. Similarly, where option has once been exercised in favour of parents-in-law, the same shall not subsequently be changed in favour of parents.

6. All Ministries/Departments are requested to bring the contents of this OM to the notice of all concerned for strict compliance.

This issues with the approval of the competent authority.

Encl. As above.

Digitally signed by
Unni Krishnan T
Date: 13-05-2026
12:03:59

(Unni Krishnan T)
Under Secretary to the Government of India
Tel. No. 011-24013446

To

1. All Ministries/Departments of Government of India
2. Director, CGHS, New Delhi
3. DGHS, New Delhi
4. All Additional Directors, CGHS
5. MCTC, CGHS – for uploading on the website of the CGHS.
6. Guard File.

I/3604489/2023

H.11020/2/2023-EHS

Government of India

Ministry of Health & Family Welfare

Directorate of CGHS

CGHS Bhawan, RK Puram

Sector-13, New Delhi

Dated July, 2023.

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OFFICE MEMORANDUM

Sub: Option for Central Government Employees to avail CGHS benefits either for their Parents or Parents -in-law – regarding.

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The undersigned is directed to refer to the Office memorandum No. 4(1)-18/63-H, dated 03.03.1987, issued by the Ministry of Health and Family Welfare, whereby a female Central Government employee was given the choice to include either her parents or parents-in-law for the purpose of availing the benefits under Central Government Health Scheme (CGHS) subject to the conditions of dependence and residence, etc., being satisfied.

2. The matter has been reviewed and the undersigned is directed to convey the approval of Competent Authority to say that hereinafter, both male and female Central Government employees will have the choice to include either their parents or parents-in-law for the purpose of availing the benefits under CGHS subject to the conditions of dependence and residence, etc., being satisfied.

3. The contents of Para 2 above shall be added to the definition of the term 'Family' for CGHS benefits.

4. This OM shall supersede all other OMs issued in relation to this subject.

Signed by
[Manoj Jain]
Director, CGHS
Manoj Jain
Date: 26-07-2023 13:16:44

To:

1 All Ministries / Departments, Government of India

2 Additional Director, CGHS(HQ) /Adl.DDG(HQ)

3. All Additional Directors /Joint Directors of CGHS cities outside Delhi

4 All Pay & Accounts Officers under CGHS

5 Additional Director (SZ)/ (CZ)/(EZ)/(NZ), CGHS, New Delhi

6 JD (Gr.)/JD(R&H), CGHS Delhi

7 CGHS Desk-I/Desk-II/CGHS-I/CGHS-II, Dte.GHS, Nirman Bhawan. New Delhi

8 Estt.I/ Estt.II/ Estt.III/ Estt.IV Sections, Ministry of Health & Family Welfare

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9 Admn.I / Admn.II Sections of Dte.GHS

10 Rajya Sabha / Lok Sabha Secretariat

11 Registrar, Supreme Court of India /Punjab & Haryana High Court, Chandigarh

12 U.P.S.C.

13 Finance Division

14 Deputy Secretary (Civil Service News), Department of Personnel & Training,

5th Floor, Sardar Patel Bhawan, New Delhi.

15 PPS to Secretary (H&FW)/ Secretary(HR)/ , Ministry of Health & Family Welfare

16 PPS to SS&DG /SS&MD, NRHM / AS (H) /DGHS

17 Secretary, Staff Side, 13-C, Ferozshah Road, New Delhi

18 All Staff Side Members of the National Council (JCM) (as per list attached)

19 Office of the Comptroller & Auditor General of India, 10 Bahadur Shah Zafar Marg, New Delhi

20 All Offices / Sections / Desks in the Ministry

21. Nodal Officer, MCTC, CGHS with a request to upload a copy of OM on CGHS Web-site

22. Office Order folder

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File No. S.14025/15/2024-EHS
Government of Indiay
Ministry of Health & Family Welfare
(EHS Section)

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Nirman Bhawan, New Delhi
Dated 28th March, 2024

OFFICE MEMORANDUM

Subject: Option for Central Government Employees to avail medical benefits either for their Parents or Parents-in- law under CS(MA) Rules, 1944- reg.

The undersigned is directed to refer to this Ministry OM No. 4(1)-18/63-H dated 03.03.1987 and No. H.11020/2/2023-EHS dated 26.07.2023, vide which Central Government employee having valid CGHS card has the option to avail medical benefits under CGHS either for their parents or parents-in-law.

2. This section have been receiving queries through telephone, email, RTI and Public Grievance etc. regarding availability of the said options to the CS(MA) beneficiaries as well, at par with CGHS beneficiaries.

3. The matter has been examined in this Ministry and it has been decided to extend the similar option to beneficiaries under CS(MA) Rules, 1944, also to enable them choose among either parents or parents-in-law for availing medical facilities.

This issues with the approval of competent authority.

Signed by
Hemlata Singh
(Hemlata Singh)
Date: 28-03-2024 15:42:27

Under Secretary to the Government of India
Tel No. 011-23061778

To

1. All Ministries/Departments, Government of India
2.DDG(M), Dte.GHS/CMO(SRA), Dte.GHS, Dte.GHS, MoHFW
3. JD(HQ), JD (Grievance)/JD (R&H), CGHS, Delhi
4. Rajya Sabha/Lok Sabha Secretariat, New Delhi
5. Registrar, Supreme Court of India, New Delhi
6. U.P.S.C. Dholpur House, New Delhi
7.Office of the Comptroller & Auditor General of India, Bahadur Shah Zafar
8. PPS to Secretary (H&FW)/Secretary (AYUSH)/Secretary (DHR), Ministry of Health & Family Welfare
9. PPS to DGHS/AS&DG (CGHS)/AS&FA/AS&MD, NRHM/AS(H)/ JS(MK) MoHFW, New Delhi
10. Estt.I/Estt.II/Estt.III/Estt.IV Section, MOHFW, Nirman Bhwan, New Delhi
11. SAS-III Section,Dte.GHS, Nirman Bhawan, New Delhi
12. Secretary and Leader, Staff Side, National Council.
13. Secretary and Leader, Staff Side, Departmental Council, MoHFW.

ANNEXURE 3.I

Text of MH & FW, O.M. No. F. 4(1)-18/63-H, dt. 3.3.1987

Female Govt. Servants may avail CGHS Benefits either for their Parents or Parents-in-law

The undersigned is directed to refer to this Ministry's Office Memorandum No. 4(1)-26/56-H.II, dated the 15th June, 1960 wherein the term 'Family' for the purpose of the CGH Scheme has been defined and to say that the Government of India have been considering for some time the question of suitably amending the definition of the term 'Family' for purpose of entitlement to the benefits of the CGH Scheme in the context of the legal and social position of married Indian women who take up posts in Government service or are employed otherwise entitling them to join the CGH Scheme.

2. The Government of India have decided that **a lady Government servant will be given the choice to include either her parents or parents-in-law for the purpose of availing of the benefits under the CGH Scheme subject to the conditions of dependence and residence, etc., being satisfied.** The parents/parents-in-law not so included may, however, if it is so desired, avail themselves of the benefits of the CGH Scheme as extended to the general public on terms and conditions applicable to the public from time to time.

3. The contents of para 2 above may be added as explanation (d) to the definition of the term 'Family' as defined in the Ministry of Health, Letter No. F. 4(I)-26/56-H.II, dated the 15th June, 1960.

4. The Ministry of Home Affairs, etc., are requested kindly to bring the contents of this OM to the notice of all Government servants concerned, under their administrative control.

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